

## Your Right to an Appeal...

When you disagree with action taken on your **Alternatives** case, you may file an appeal. During the appeal process, the decision affecting your **Alternatives** case will be reviewed. Instructions for filing an appeal are included in the letter mailed to you by the DHS county office.

## Want more information?

Call your local DHS county office or DAAS at (501) 682-2441.

If you need this material in an alternative format, such as large print or audiotape, contact our Americans with Disabilities Act Coordinator at (501) 682-2441 (VOICE), (501) 682-2443 (TDD) or Arkansas Relay Services at 1-800-285-1121.

The Arkansas Department of Human Services is in compliance with Titles VI and VII of the Civil Rights Act and is operated, managed and delivers services without regard to age, religion, disability, political affiliation, veteran status, sex, race, color or national origin.

## How to apply...

Contact your local DHS county office. An **Alternatives** counselor or nurse will contact you to schedule a home visit.

### The Alternatives counselor or nurse will:

- Complete an evaluation that will be the basis for determining medical eligibility
- Develop a plan of care based on the client's needs and wishes
- Assist in enrolling providers of choice
- Complete an annual reassessment of needs
- Monitor in-home services

Visit DAAS's website for more details

<http://www.state.ar.us/dhs/aging>

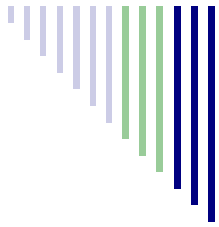


# Alternatives for Adults with Physical Disabilities



**P.O. Box 1437, Slot S530  
Little Rock, AR 72203-1437  
(501) 682-2441**

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## What is Alternatives?

**Alternatives** is a Medicaid program designed specifically for the physically disabled and allows the consumer to direct their in-home care or receive in-home care through a traditional agency model.

Through **Alternatives**, assistance is available by allowing Medicaid reimbursement for certain in-home and community-based services that Medicaid normally does not cover.

- When at risk of nursing home placement, **Alternatives** offers options.
- When residing in a nursing home, **Alternatives** lets you return home.
- When you need an attendant, you supervise your own attendant or obtain services from an agency.
- To qualify for **Alternatives**, you must:
  - \* Be age 21-64
  - \* Be declared physically disabled by Social Security/SSI or DHS Medical Review Team
  - \* Meet established financial criteria
  - \* Meet nursing home admission criteria at the intermediate level
  - \* Have a medical need for at least one of the **Alternatives** services

## What services are available?

### Attendant Care

Assistance with tasks of daily living based on need and approved by a physician for up to 8 hours a day, 7 days a week. Attendant care options:

- **Participant/Common Law Employer: Client** self-directs the attendant (recruits, hires, supervises, manages and approves payment). A **contracted fiscal intermediary agency** performs payroll and other employer responsibilities required by federal and state law.
- **Participant/Co-Employer: Client** functions as co-employer of an attendant hired by an **Attendant Care Agency**. The **agency** supervises and approves payment for the attendant, and performs other employer responsibilities required by federal and state law.
- **Traditional Agency Services Model: Client** receives attendant care through an **Attendant Care Agency** that hires, manages, supervises and approves payment for the attendant, and performs other employer responsibilities required by federal and state law.

### Case Management/Counseling

Case managers provide orientation to the concept of consumer-direction and training on how to recruit, interview, hire, evaluate, supervise, manage or dismiss attendants. Case managers provide support services to all waiver clients and assess and monitor their needs.

### Environmental Accessibility Adaptations/Adaptive Equipment

Adaptive equipment and modifications to the living environment that increase independence or accessibility.

